

MAY ISSUE 2023

Heart of Hope Health

OFFICIAL NEWSLETTER

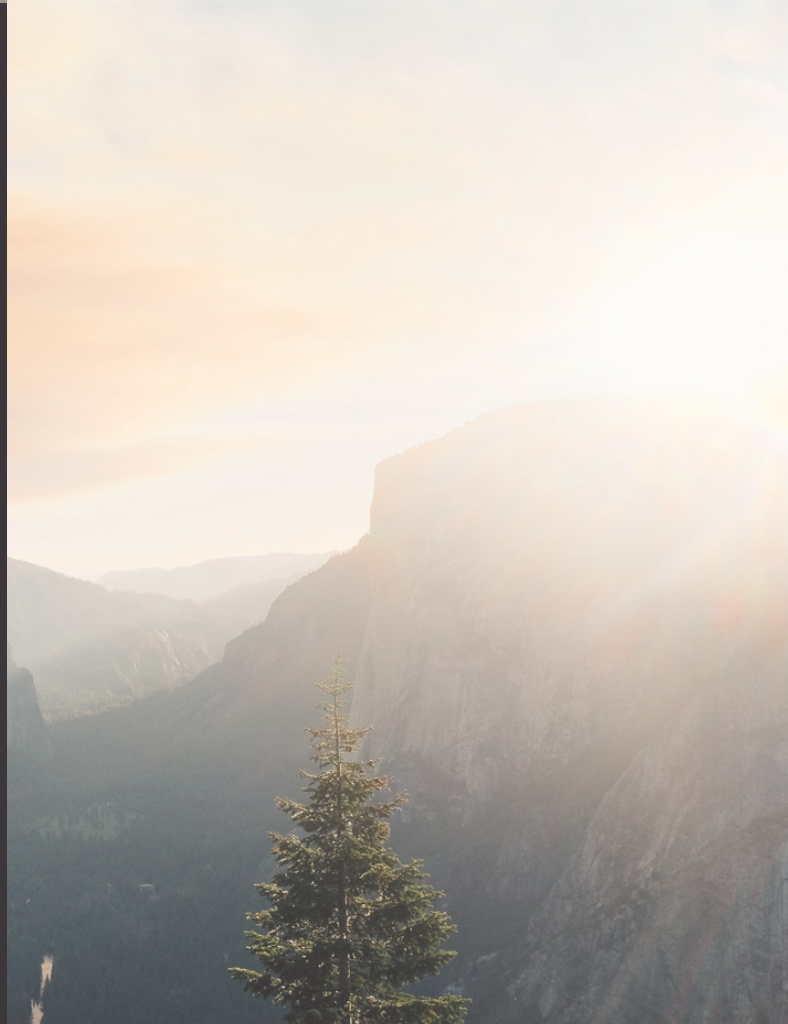
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William Federer Event

MAY 11, 2023

We were happy to welcome nationally acclaimed speaker and Christian historian, William Federer. He spoke about the global history of healthcare and provided evidence of how it originated in the Christian tradition. It was a very powerful and inspiring talk. For those of you who were unable to attend, we are happy to share that the event was recorded. We will be posting the link to our website when the video is available for viewing.



Transitioning to Decrease Stress Class

MONDAY JUNE 5 630-8PM

Millions of people every year are affected by stress. Although working adults are primarily the most affected, it can affect anyone—even children.

Stress negatively impacts physical and mental health.

Chronic stress can increase your risk of certain cancers.

Come learn healthy ways to decrease stress in your life.



Upcoming Events



IMPORTANT DATES

June 5th- Transitioning to decrease stress class

June 12th- Cardiac clinic day- MCG tests begin!

June 24th- 4th of July float decoration party

July 4th- Heart of Hope Healthcare Freedom Float in the CDA parade

July 28th- Patient appreciation BBQ

August 1st- Rathdrum PD Festival at Majestic Park 5-7pm

August 18th-27th- North Idaho State Fair booth

** see our events page for more details

WHAT IS MCG?

The MCG™ is a new, innovative EKG machine using artificial intelligence (AI). The MCG™ is an FDA approved device that won 1st Place in the 2017 American Heart Association's Heart Science Forum Innovative Challenge Award. The MCG™ is well-studied noting peer-reviewed articles from 8 countries and 3 continents, proving its effectiveness and consistency in picking up developing heart disease.

IT USES AI, IS MY INFORMATION SAFE?

Dr. Shen one of the creators has this information hosted on private servers that are highly secure. Your information is not saved under your name or linked to our EMR.

I AM HEALTHY, IS THIS TEST FOR ME?

YES! The MCG™ picks up coronary microvascular disease (small vessel disease), a common coronary disease problem for women that has gone undetected by other technologies.

MCG™ can pick up developing heart failure 8-10 years before it becomes clinically evident, making it likely that many patients will never develop clinically evident heart failure issues if appropriate adjustments are made.

COST

Non-Member- \$400
Member- \$350
Repeat- \$300

Military Discount: \$25 off initial test





VOLUNTEER HIGHLIGHT

Hello, my name is Justin Lyon and I am a community volunteer at Heart of Hope Health.

I have been blessed to call North Idaho home for the past 18 years. I am the youngest of three children and have two amazing parents who have given me every opportunity to pursue my dreams. In 2021,

I completed my B.S. in Medical Sciences at the University of Idaho graduating with honors. Over the course of the past five years I have nurtured my passion for service by working in both the primary care and specialty fields of medicine, while taking every opportunity to connect with my community.

During my free time I enjoy hiking, biking, skiing, and weight lifting. This fall, God has blessed me with the opportunity to pursue my dream of becoming a physician at the University of Utah School of Medicine.

I truly believe that practicing medicine is not simply a job but a calling. A calling where one can work humbly to benefit the life of another. With God as my anchor, I am eager to use every opportunity that I have to give back to the state that I have come to love so much.

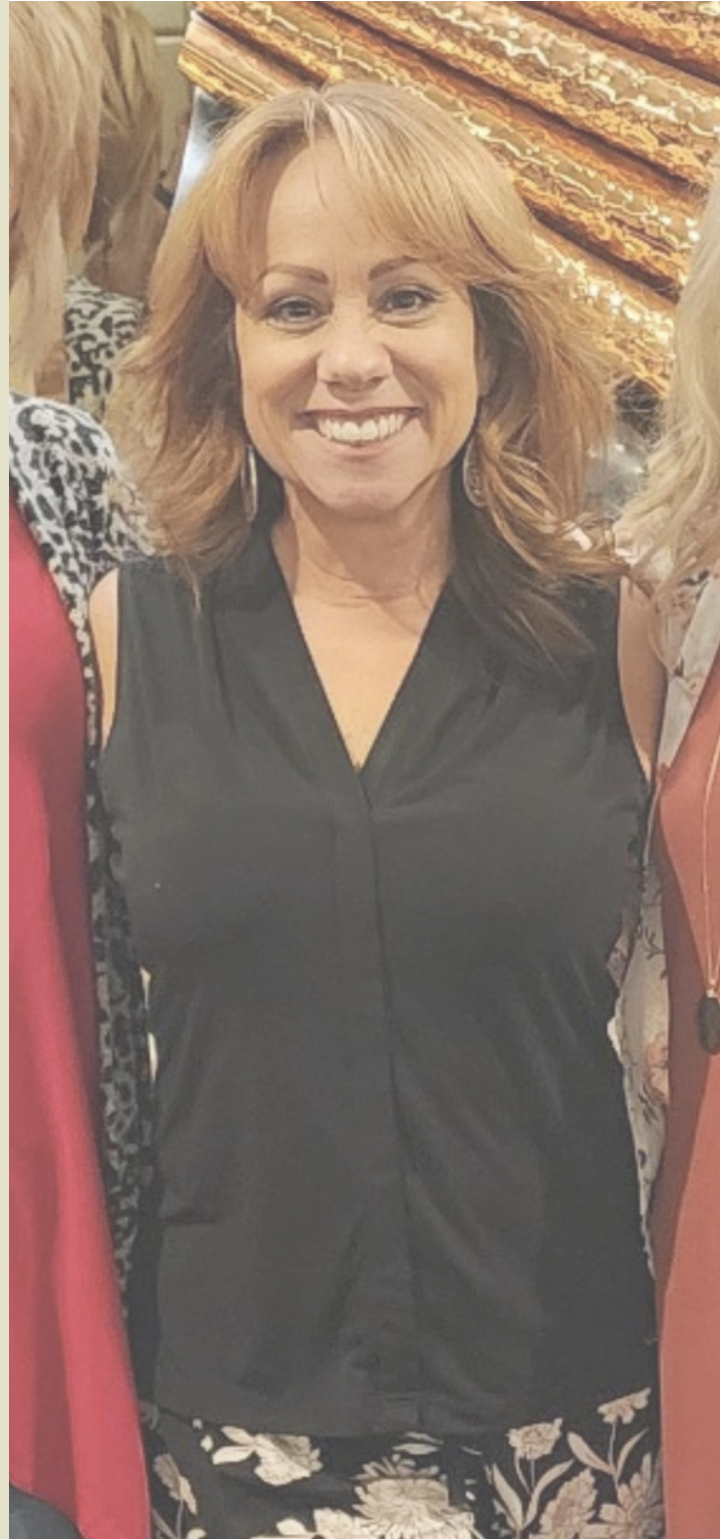
STAFF HIGHLIGHT: NEW OFFICE MANAGER- LISA SODANO

I'm originally from the suburbs of Philadelphia. My husband Jeff and I moved to the Pocono Mountains (NE PA), where we lived for 15 years, raised our four boys (now young adults), owned an HVAC company, and made many lifelong friends. After much prayer and taking a family vote, the 6 of us moved to North Idaho 9 years ago.

Shortly after, I began my career in the Medical Field starting at the front desk at Northwest Specialty Hospital and then gaining experience in other specialties including, Occupational Medicine, Women's care, Internal Medicine, the Pre-surgical clinic and Orthopedic Medicine.

I'm delighted to join the team at Heart of Hope Health. I feel passionate about the values this team of professionals offers and share in their mission.

In my free time, I enjoy spending time with my family, our two dogs, and friends, as well as completing DIY projects. I'm grateful for any time outdoors gardening, boating, or spending time in our pool soaking up the sunshine.



VOLUNTEER OPPORTUNITIES

June 24th from 1200-1700

July 4th Parade
Downtown CDA
9am-1pm

We will have a 4th of July parade float decorating party!

Refreshments will be provided.

If you are interested in participating in the decorating party please contact Moriah at moriah@heartofhopehealth.com

If you would like to sit on the Heart of Hope float or walk alongside our float during the parade please contact Moriah. Come & support Healthcare Freedom!
moriah@heartofhopehealth.com

Normal Business Hours

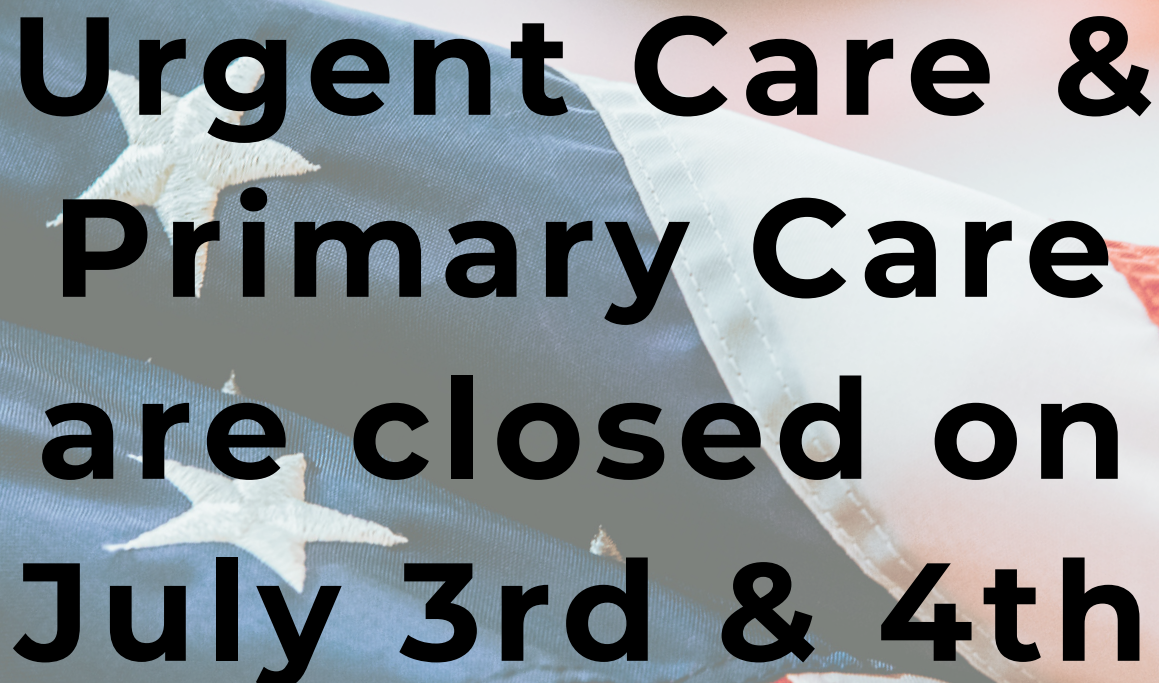
Primary Care

Monday-Thursday 8am-6pm

Friday 8am-1pm

Urgent Care

Monday-Friday 8am-6pm



**Urgent Care &
Primary Care
are closed on
July 3rd & 4th**

ARE YOU ENJOYING YOUR MEMBERSHIP BENEFITS?

The ultimate compliment would be leaving a 5-star google review!

Please click the link below:

[HTTPS://G.PAGE/R/CQWZ3WUEPYAHEBM/REVIEW](https://g.page/r/CQWZ3WUEPYAHEBM/review)



THANK YOU

Patient Appreciation Day

We will be celebrating our patients and all that God has been doing at Heart of Hope this past year on Friday July 28th from 1130am-1330pm.

Lunch will be provided and further details to come! Please RSVP to lisa.sodano@heartofhopehealth.com