

JANUARY ISSUE

2024

Heart of Hope Health

OFFICIAL NEWSLETTER

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WORD

FROM THE FOUNDERS



THANK YOU

THANK YOU TO ALL TO ALL OF OUR
MEMBERS FOR MAKING 2023 A
FANTASTIC YEAR!

WE FACED MANY CHANGES, GROWTH,
AND CHALLENGES THIS PAST YEAR
THAT HAVE POSITIVELY CHANGED OUR
PRACTICE.

OUR CREW IS DOING AN AMAZING JOB
WORKING WELL TOGETHER AND
STRIVING FOR PERSONAL
DEVELOPMENT WITH LEARNING NEW
SKILLS.

Founders Cont.

I am thankful for all the learning opportunities we had in 2023, which I know will make Heart of Hope even stronger in 2024. God has blessed us with new patients and staff that share a passion for the mission. Daily I am reminded of all the good work that still needs to be done. If each of us take a moment to stop and think of the medical establishment chaos we all came out of during the pandemic, and remember why we formed HHH- **to be a light in the darkness – our progress is really rather profound.**

Our healthcare workers and providers courageously stepped away from their livelihoods to provide a safe haven and alternative during a very trying time. **I hope our members who have been with us during that journey give themselves a pat on the back for stepping out of the traditional healthcare model with us.** We will celebrate our 2nd anniversary in February 2024. In two years not only have we opened a primary care practice, but also an urgent care, added new providers, and we are the only primary care in Idaho performing MCG (multifunction cardiogram testing)! We are also proud to provide affordable healthcare and promote healthcare freedom everyday!

The difference our Members are making:

Each one of our members are not only receiving care at a very competitive and affordable rate, but they are **INVESTING** in the future of healthcare as we know it!

Your monthly membership **ENABLES** us to:

- Employee 14 staff members
- Reinvest money back into our **LOCAL** economy
- Precept 4 nurse practitioner students in 2023.
- We already have students lined up for 2024.

This is ensuring a pipeline of like-minded, ethical, and compassionate providers for our future!

If you would have asked me 2 years ago if we would be at this place, **I would not have been able to imagine that we would be investing in the future of medicine this way.** When I reflect on all that has occurred here, there is no question to me that this is God's clinic and the blessings are His gift to us as we strive to honor Him with our work.

THINGS TO CONSIDER IN THIS ECONOMY:



Membership



We understand many of you may be contemplating your monthly membership, due to the economy. I want to assure our members we **WILL NOT INCREASE** membership prices (2nd year in row)! We are committed to remain the most affordable option for families looking to meet their healthcare needs.

Remember why you joined.

Affordable healthcare
Support Healthcare Freedom
No Masks or Vaccines
Shared core values

What about insurance?


Many people are tempted by the allure of insurance, even as it increases their monthly expenses by hundreds-if not thousands of dollars. Insurance may be useful for some but it is easy to forget about co-pays, deductibles, hidden fees, & the need for prior authorizations. Insurance companies funded the practices that were closed in your time of need during the COVID-19 pandemic, they forced you to wear masks to be seen - if they would see you in person at all- and many have requirements regarding vaccinations. Every dollar counts. Where you spend your money matters, as it funds different agendas. We encourage you to explore alternative catastrophic healthcare options that might still meet your families needs at a far more affordable rate: cost sharing programs.

Important dates & Events

Monday February 5th 6-7:30pm- Transition
to Prevention Series

Thursday February 15th 11am-1pm-We are
hosting a business bash. If you or someone
you know owns a likeminded business
please invite them to our meet-greet and
lunch event.

Monday March 4th 6-7:30pm- **Want to
potentially save thousands \$\$\$\$ in
healthcare expenses annually?** -Learn how
to transition from traditional health
insurance to DPC + CostShare



Urgent Care is open
Monday-Friday
8:00 AM - 6:00 PM

Call to schedule
ahead of time or
walk-in!



**Did you miss a
prevention class?**

**NO WORRIES.
YOU CAN WATCH
CLASSES FOR FREE:**

Learn about the MTHFR
gene, how to test for it
and it's effects on your
health.

You can watch on our
rumble channel!

Staff Highlight:

Rici



I came to live in North Idaho in July of 2021. I followed my two children and grandbabies when they relocated and I haven't regretted a moment! I was born and raised in a small town in Oregon on my grandparents farm. I love to garden, travel, and play with my found grandsons.

I got into the medical field in 2017 when I earned my phlebotomy certification. I worked at our local hospital for five years and loved it. After I moved to Idaho, I struggled to find a good fit. I wanted a career with more patient care and to work with people who shared my values.

After a lot of prayer the Lord led me to Heart of Hope, where I was able to expand and grow in my skills as an MA as well as continue my passion for phlebotomy.

I could not feel more blessed. I have my coworkers and our patients. I am grateful everyday to be a part of the Heart of Hope Health family.

Reminders & Updates

Normal Business Hours

Primary Care

Monday-Thursday 8am-6pm

Friday 8am-1pm

208-500-0601

Urgent Care

Monday-Friday 8am-6pm

208-500-0110

Lost and Found

If you think that you may have lost an item at our clinic please stop by and take a look at our lost and found! Thank you!

Returning Calls

Thank you to everyone who has an investment in our clinic. We value each of our patients. Due to the higher call volume, We do ask for 48 hours to return your voicemail. Thank you for your patience!

Give us a Google
Review!

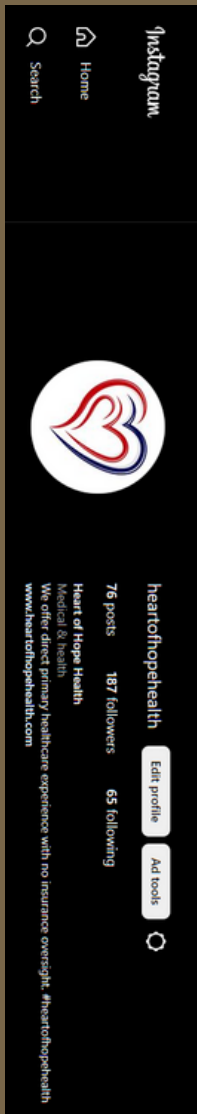


It's essential to our clinic!

Thank you!

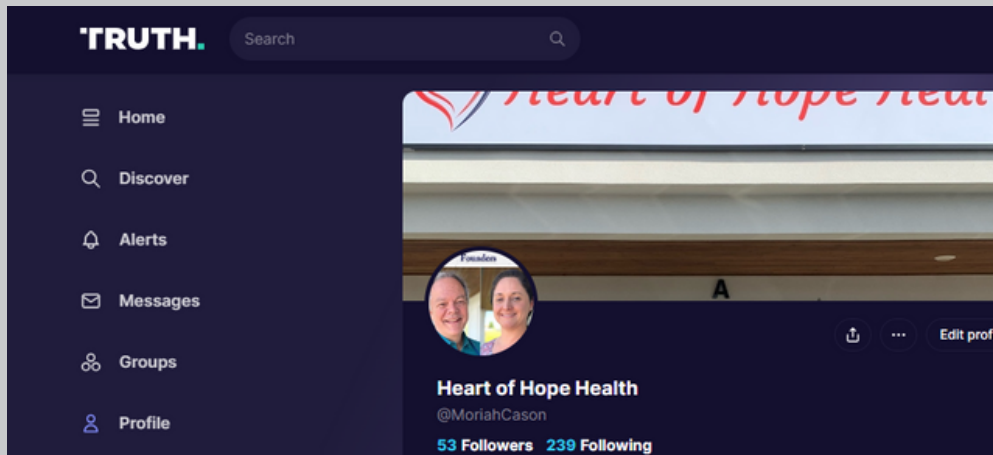
How to Follow Us

INSTAGRAM

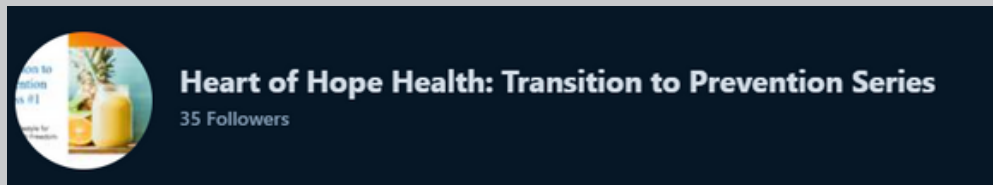


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TRUTHSOCIAL



RUMBLE CHANNEL



FACEBOOK

