

What's New

IN THIS MONTH'S NEWSLETTER

**Staff Highlight Of The Month
New Specialty**

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Staff Highlight



YOU WILL BE GREETED EVERY DAY WITH A SMILE FROM KATIE AT OUR FRONT DESK. SHE IS A DELIGHT TO HAVE AT THE CLINIC. HERE IS A LITTLE MORE ABOUT KATIE:

Katie was born in Spokane, WA and is one of seven children. At age 3, her family began a journey around the world following her dad's career as an engineer while her mom home schooled and cared for the kids. Her toddler years were primarily based in the Big Island of Hawaii, Rarotonga (The Cook Islands), and she grew up in the greater Carson City, NV area. Katie first began her career in healthcare as an Optometry Assistant in Spokane and then as a Medical Receptionist in Carson City, NV. During the pandemic, she completed her education as a CMAA (certified medical administrative assistant)

at Western Nevada College, however she was then faced with the COVID vaccine mandate. It was then that she first heard about a group of people that were opening a Christian based healthcare practice in the CDA area. Last year, Katie relocated to Hayden. Shortly afterwards, in an answer to prayer and by the grace of God, Heart of Hope Health was born and a door was opened for Katie to continue her passion of serving others.

Outside of work, she enjoys time with her family (especially her 2 year-old niece), sunny hikes on Tubbs Hill and seeing how God will continue shaping her life.



New Specialty

BREAST CANCER SURGEON
CANCER SCREENING/PREVENTION

DR. F. AMES SMITH JR



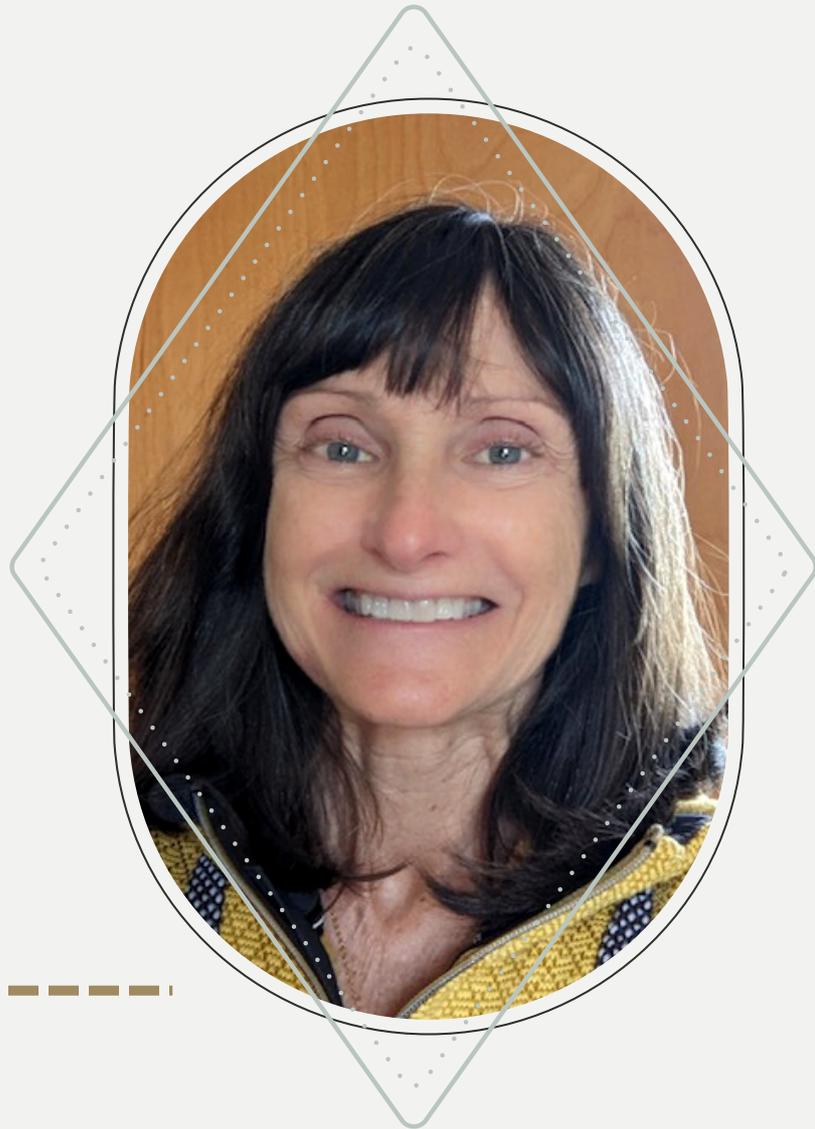
Dr. F. Ames Smith Jr is a native of Texas (grew up in Houston) and attended medical school at the University of Texas in Galveston. He completed his general surgical residency at Baylor College of Medicine in Houston. His wife, Dr. Charlotte Smith (native of Austin, Texas) is a physical medicine/rehabilitation physician. Dr. Smith and his wife both had active practices in Austin, Texas for 22 years from 1990 until 2012. Dr. Smith did a wide range of general surgical procedures with emphasis on breast cancer surgery throughout that time.

He was then recruited by the Polyclinic in Seattle (a large multi-specialty group initially founded in 1917), and became director of the Breast Cancer Surgical program as well as Hereditary Cancer program. He served in that capacity for 10 years (from 2012 to 2022) prior to moving recently to Idaho. He has a vision together with Dr. Johnson to bring state of the art breast cancer surgical services as well as screening/prevention for hereditary cancer to the Heart of Hope as well as the Northern Idaho and surrounding regions. He and Charlotte have two children, Tyler age 26, and Victoria age 19. He gives testimony that the Lord has guided all the details of his move.

MALINDA HORTON, FNP-C

H O L I S T I C

M E D I C I N E

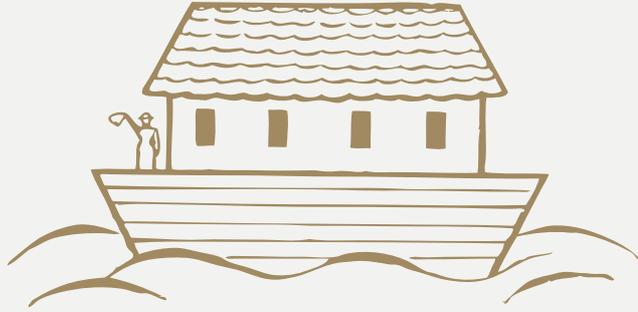


Malinda Horton has been a nurse practitioner for over 30 years. She began her career in general pediatrics and then spent many years working with pediatric and adult oncology patients undergoing bone marrow transplant. Several years ago she became frustrated with the medical system and the concept of “a pill for every ill”. She decided to study holistic health and completed a fellowship at the University of Arizona’s Center for Integrative Medicine where she learned to combine natural therapies with conventional medicine. She has pursued extensive study into herbal medicine, is a certified clinical aromatherapist and has many hours of functional medicine training.

She is also a Frequency Specific Micro-current practitioner which uses electrical frequencies to help the body heal itself. Malinda loves to teach people how they can change their health for the better.

Malinda and her husband Butch moved to Sandpoint in 2018 from Utah and love the area and community of Northern Idaho. They have 4 grown children and one grandchild. In her spare time she enjoys lots of outdoor activities as well as crafting and growing food and medicinal herbs. “I am excited that God led me to Heart of Hope and I hope to be a benefit to many patients”.

Welcome to the Crew



Heart of Hope Health now has their volunteer department up and running!

We have volunteer orientations every third Tuesday of the month. The next one being in July.

This is even a great opportunity to come and hear about Heart of Hope Health if you just want to find out more about our clinic.

There are a variety of ways to volunteer from janitorial positions to front desk, events, educational classes and medical positions.

All are invited, but please RSVP at Sonja@heartofhopehealth.com

VOLUNTEER HIGHLIGHT FOR THE MONTH:

WELCOME

Nancy



Nancy joins us from Washington state, where she earned her RN degree. She is excited to join an amazing team of practitioners, nurses and staff who are eager to partner with their clients in making educated and fully informed decisions about their own health and wellness.

Outside of nursing Nancy has experience as an assistant manager at a lumber yard, a white water rafting guide and instructor, and an EMT who enjoyed working the night shift. She enjoys gardening, working at another like minded clinic, and exploring North Idaho with her husband.

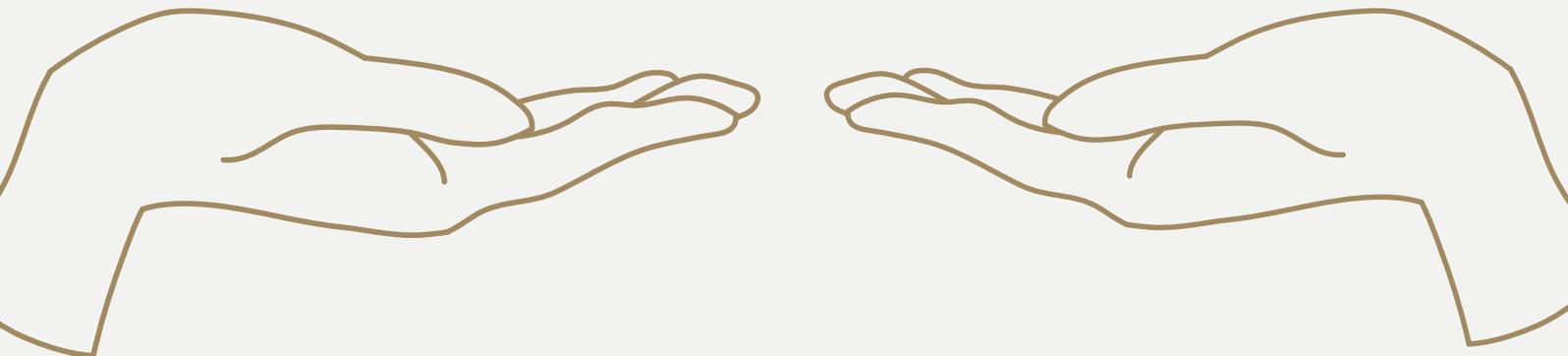
Fair Booth Volunteer Opportunities

We also have a need for volunteers to help man the booth at the fair. We will hold special classes beyond the normal volunteer orientation.

We are looking for people willing to represent Heart of Hope Health at the North Idaho State Fair.

We have entrance tickets to give volunteers who sign up for 4 hour shifts. These can be broken up during the day into two, 2-hour time slots.

Please come to our general volunteer orientation on June 14th or July 19th to start with this volunteer process.



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Attention Small Businesses

ARE YOU HAVING A HARD TIME
RETAINING EMPLOYEES DUE TO LACK OF
BENEFITS?

OR UNABLE TO KEEP UP WITH CURRENT
HOURLY WAGES DUE TO INFLATION?

Heart of Hope can help you with your benefit package for your employees.

Please contact Sonja at 208-500-0611 or through email at Sonja@heartofhopehealth.com to set up an appointment with your small business and discuss benefits of Heart of Hope Health memberships for your employees to help retain or increase employment for your business.

We look forward to meeting with you to continue to make this business community strong.

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Dr. Duke's

EDUCATIONAL CLASS JUNE 14TH

Have you ever wondered what all of the health benefits of a Mediterranean Diet are and how to do it with today's foods?

Come listen to the wealth of knowledge from Dr. Duke. Please RSVP for the class at Sonja@heartofhopehealth.com

Reminder:

Classes for members are FREE.

Non-members there is a \$10 fee collected at the door.

We look forward to seeing you there!



Coming Soon



**PEDIATRIC SPECIFIC PROVIDER COMING TO JOIN
OUR TEAM THIS SUMMER!**

**Alicia Spiess is a Doctorate prepared Pediatric Nurse
Practitioner whose approach is to provide family
centered care with a focus on wellness, metabolic
health, and disease prevention.**

Heart of Hope Supplements Available

We have our supplements here in the office available.

Vax support (for vaccinated individuals and those who are around them), NAC, and Quercitin are all formulated in a way for the highest absorption.

They are available for shipping for an additional shipping fee if you have loved ones that would benefit from this exclusive patent pending supplement.

Welcome baby Asher



One of our staff members welcomed their first baby into their family! Born May 7th at 1:54 a.m., Asher weighed 8 # 1oz. Parents, Chloe and Zach are doing well!

People's Convoy



Heart of Hope Health had the privilege of speaking at the People's Convoy when they traveled through our area the first week of May.

Celebrating and Promoting Freedom in this country is at the core of Heart of Hope Health. We value healthcare freedom and desire to come alongside our patients to navigate together their healthcare journey.

Click on the link below:

https://www.youtube.com/watch?v=M8SClHhY_0Y

Moriah sing the national anthem at 38:48
Heart of Hope Co-founders speak at 1:01:32

Praise Report



DR. DUKE JOHNSON WON
THE PRIMARY ELECTION!

Many community members have been asking what this election means for Heart of Hope Health. This elected position is primarily an administrative role, and Dr. Duke will still see patients.