

July 2022

MONTHLY NEWSLETTER

Heart Of Hope
Health

What's New

IN THIS MONTH'S NEWSLETTER



Staff Highlight
New Services
Hormone Testing
DOT Physical
Attention Small Businesses
Volunteer Orientation
North Idaho Fair
Dr. Duke's Educational Class
Thank you

Staff Highlight



WE ARE GRATEFUL FOR THIS BEAUTIFUL
MOTHER, DAUGHTER DUO

Dawnelle Reynolds



Medical Assistant

Dawnelle was born in Park City Utah and raised in the small town of Big Bear Lake in the Southern California Mountains. She has 4 kids ranging in age from 8 to 21 years old and is married to Ryan Reynolds!!! She enjoys spending all of her time with her family and close friends. This summer her daughter Bri is home from college and has joined the Heart of Hope team until she returns to MSU in the fall. When not working she enjoys dirt bike riding, camping, floating the river, wakeboarding, and snowboarding.

She has a passion to care for her family, friends, and her community. She has been a medical assistant for 10 years. Over the past few years she struggled with the direction that the medical field was going, but her Faith in God and the love she holds for her patients and community has helped push her through until she started her new journey at Heart of Hope Health. She loves working in a Christ-filled, patriotic, freedom loving environment where we put our patient's healthcare choices back into their hands!



Bri

Wright

FRONT OFFICE RECEPTIONIST

Bri was born in Loma Linda, California and moved to Idaho when she was three years old. Bri has one brother and four sisters whom she is very close to. In her free time she loves spending time outdoors hunting, fishing, and boating with her friends and family.

When Bri was a senior in high school she began preparing to move away for college. After her senior year, she moved to Montana and now attends Montana State University, studying biological sciences. Moving away from all that she knew and loved was a very hard decision for her to make but she knew that God was calling her to Montana. When she began her journey in Bozeman, God blessed her with an amazing campus ministry called Navigators.

While joining the Navigators, God brought many amazing people into her life. These people have made her feel so loved and are always pushing her closer to the Lord.

Bri is now home for the summer spending time with her family and working at Heart of Hope Health as a receptionist. Heart of Hope Health attracts her because of the Godly atmosphere and how she would have the amazing opportunity to serve and to help show God's love to others around her in a work environment.

Robin Martin, PA-C

GET TO KNOW ONE OF OUR AMAZING PROVIDERS

Robin earned her bachelor's degree from University of Washington's Medex Physician Assistant program in 2009. For the next 12 years she worked in Washington State at a community health clinic doing family practice and urgent care until the state COVID mandates took effect. After much prayer the Lord directed her to reject the mandates and be let go from her very secure employment and to trust in Him.

Shortly after her last day she heard about Heart of Hope Health when they were having meetings at a church. Robin contacted Dr. Duke regarding employment and the Lord opened all the doors for her. She has been here since opening day and has expressed that this is the most amazing job she has ever had.

"Every day that I am here is a blessing.
God is so good!"

When not working She enjoy time with her husband and 5 kids. She has 10 grandchildren that fills her with joy to be around. Her hobbies are reading, gardening, camping and kayaking.



SHE WORKS EVERY MONDAY AND
TUESDAY

WE ARE OFFERING

Hormone testing

DUTCH TEST

Are you suffering from chronic fatigue, low libido, painful PMS, hormonal migraines, fertility issues, PCOS, hair loss, and/or just feeling "off"?

You may be experiencing an imbalance of your hormones.

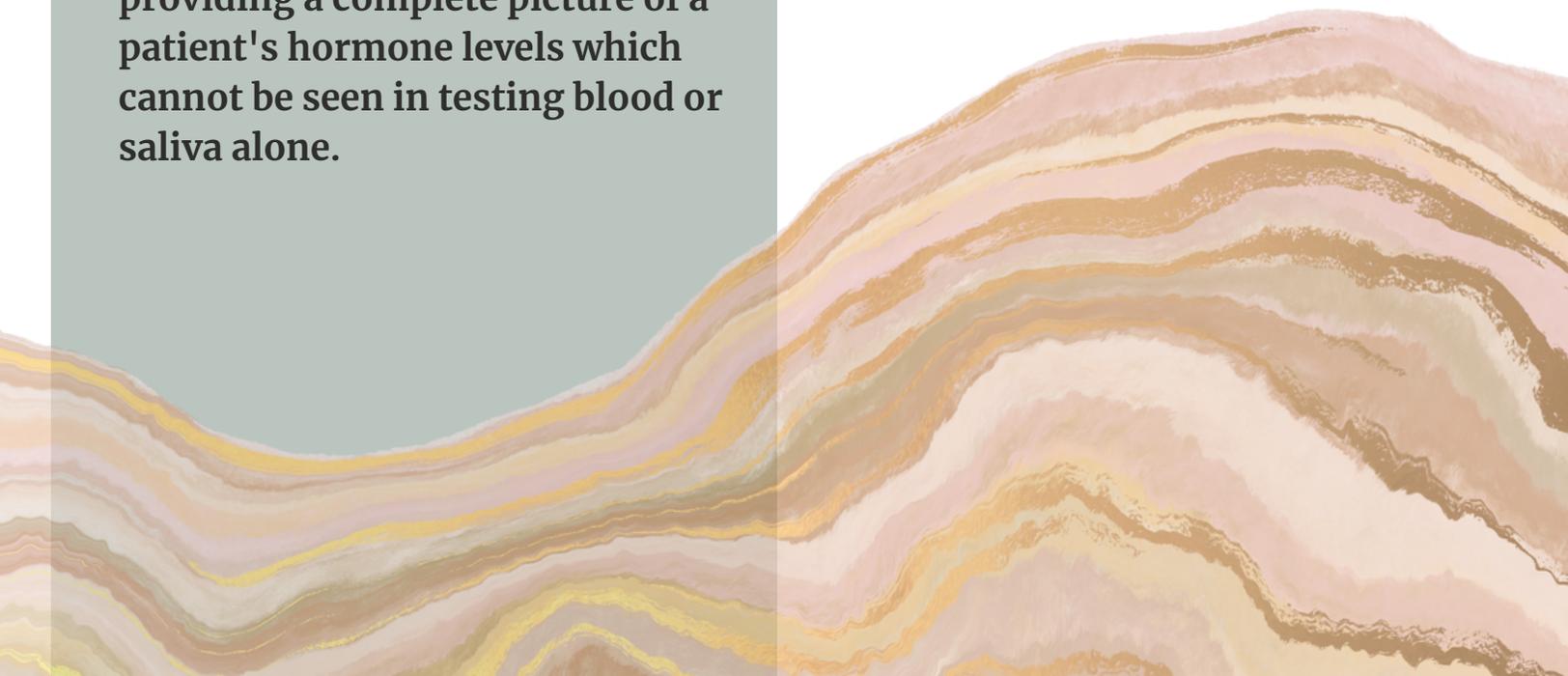
DUTCH is a dried urine test for comprehensive hormones. It offers an extensive profile of sex and adrenal hormones, along with their metabolites. DUTCH testing helps identify symptoms of hormonal imbalances by providing a complete picture of a patient's hormone levels which cannot be seen in testing blood or saliva alone.

WHY GO WITH US?

We offer these tests at \$100 off the normal patient price.

HOW DO I GET STARTED?

Schedule an appointment with one of our providers to see if this testing is right for you.



Dot physicals



\$175

Heart of Hope will be offering department of transportation physicals free to members, and only \$175 for non-members starting mid-august.

Schedule with us today at
(208)500-0601

Small Businesses

ARE YOU HAVING A HARD TIME RETAINING
EMPLOYEES DUE TO LACK OF BENEFITS?

OR UNABLE TO KEEP UP WITH CURRENT HOURLY
WAGES DUE TO INFLATION?

Heart of Hope can help you with your benefit package for your employees.

Please contact Moriah at Moriah@heartofhopehealth.com to set up an appointment with your small business to discuss benefits of Heart of Hope Health memberships for your employees to help retain or increase employment for your business.

We look forward to meeting with you to continue to make this business community strong.

Heart of Hope Health



Volunteer Orientation

JULY 20TH AT 11-12:30 PM

**LEARN MORE ABOUT HEART OF HOPE
HEALTH AND HOW YOU CAN HELP US SERVE
OUR COMMUNITY BY USING YOUR TALENTS
AND ABILITIES.**

**RSVP TO
VOLUNTEER@HEARTOFHOPEHEALTH.COM**

North Idaho Fair

AUGUST 19-28

If you or your loved one has considered membership we encourage you to come to our booth and meet our providers and staff.

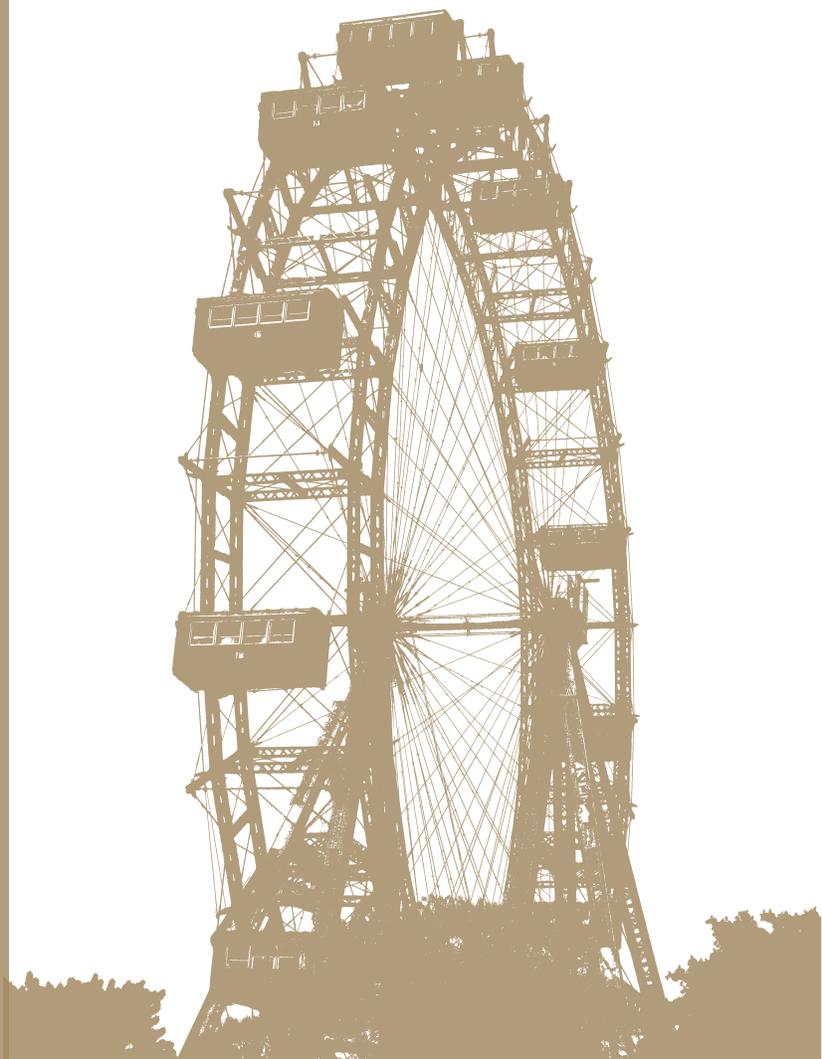
We look forward to seeing you there!

Sign up at the fair and get
50% OFF
your one time sign up fees

Take a free genetic cancer screening and enter to win

**6 MONTHS OF
MEMBERSHIP**

for one adult





Dr. Duke's

PREVENTATIVE MEDICINE CLASS

TRANSFORMATION TO REDUCE INFLAMMATION

JOIN US FRIDAY, JULY 15TH
6:00 - 8:00 PM
AT HEART OF HOPE HEALTH

MEMBERS: FREE
NON-MEMBERS: \$10

RSVP: MORIAH@HEARTOFHOPEHEALTH.COM



Dr. Duke's

PREVENTATIVE MEDICINE CLASS

TRANSFORMATION TO REDUCE INSULIN RESISTANCE

JOIN US MONDAY, AUGUST 15TH

6:00 - 8:00 PM

AT HEART OF HOPE HEALTH

MEMBERS: FREE

NON-MEMBERS: \$10

RSVP: MORIAH@HEARTOFHOPEHEALTH.COM

Thank You

Ecclesiastes 3:1-8 pens it so beautifully.... "To everything there is a season, A time for every purpose under heaven: A time to be born, and a time to die; A time to plant, and a time to pluck what is planted; A time to kill, and a time to heal; A time to break down, and a time to build up; A time to weep, and a time to laugh; A time to mourn, and a time to dance; A time to cast away stones, and a time to gather stones; A time to embrace, and a time to refrain from embracing; A time to gain, and a time to lose; A time to keep, and a time to throw away; A time to tear, and a time to sew; A time to keep silence, and a time to speak; A time to love, and a time to hate; A time of war, and a time of peace.

It has been my honor and pleasure to be one of three founders of Heart of Hope Health, PLLC. Last September 2021, Moriah Cason, Duke Johnson and I answered the call from the Lord and our community to offer patient directed health care by founding and opening HHH. It was a time for us to stand up against the mandates and give our community an opportunity to receive direct primary healthcare with no insurance oversight. We have been successful in these past months in delivering personal care and medical care to our patients, and promoting active collaboration between providers and patients. I have confidence in the continued growth and success of Heart of Hope Health, PLLC.

I am transitioning away from being a founder and day to day staff member of HHH but plan to continue the many great friendships with volunteers, staff and supporters of HHH that came out of this time. This is not goodbye but see you later. My husband Jonathan and I will remain HHH members and patients. I feel richly blessed by these friendships. Thank you for the opportunity to serve together in this great mission that God directed and inspired.

Sincerely,

Sonja Sisco

