

Alicia Spiess, PNP-C

Pediatrician



Alicia Spiess is a Doctorate prepared Pediatric Nurse Practitioner whose approach is to provide family centered care with a focus on wellness, metabolic health, and disease prevention. She prides herself on forming a partnership with patients and their families to meet individual needs and advocating for families' rights to choose the best treatment options available for their children. She has over 15 years of pediatric experience, including time as a registered nurse at Stanford Children's hospital and in a Neonatal Intensive Care Unit at Swedish Hospital in Seattle. She was a nursing instructor at multiple hospitals in California and Washington State and was voted nurse practitioner preceptor of the year through the University of Washington in 2021. When the President announced he was going to mandate COVID vaccination for our military, she knew it was only a matter of time before healthcare providers would be mandated. In August, 2021, Alicia was forced to make a decision when the COVID-19 mandates were forced upon healthcare providers in WA state. Although it's been a struggle, the best decision she made was to stand for medical freedom for herself as she had done for her patients over the last 15 years because this led her in the direction of Heart of Hope Health. Uncertain relocating, she gave Dr. Duke Johnson a call. Instantly she knew this was the place she belonged to serve the community and to join an amazing team who is transforming our current medical system and care given to their patients. In her free time, she enjoys being outdoors, hiking, biking, skiing, and camping, spending time with friends and family and above all, she is excited to be a part of this amazing community of North Idaho and Eastern Washington.